

WEEK AT A GLANCE: October 29 – November 4, 2023

Sunday	Service – Val Ellis Service Assistant: Betty Welsby Scripture Reading: Deuteronomy 34: 1-12 Matthew 22: 34-46	10:00 a.m.
Monday	Genesis U.I.B.	6:00 p.m. 7:00 p.m.
Wednesday	UCW Set-Up Ladies Meal Out – Capital Pizza	9:00 a.m. Noon
Thursday	Book Sale Set-Up Prayer Shawl Bible Study Choir	9:00 a.m. 1:30 p.m. 2:00 p.m. 7:00 p.m.
Friday	Book Sale Set-Up Bake Sale Set-Up	9:00 a.m. 9:00 a.m.
Saturday	Bake and Book Sale	9:00 a.m.

Grapevine: October 29, 2023

PASTOR ANNE TELFORD: 780-458-8355
Cell: 780-938-8981
Thursday, November 2: 9-10:45 a.m. and 1-3:30 pm.
Please drop in for a visit during those hours.
anne_telford@hotmail.com

LAURIE SYMBALUK (Office Administrator): 780-458-8355
office@stalbertunited.ca

Kevin Sundquist (Church Treasurer)
treasurer1@stalbertunited.ca

DONNA GRAHAM (Organist/Accompanist)
donnalynngraham@gmail.com

MARGARET WARD-JACK (Music Director)
wardjack@shaw.ca

ROBERT POIRIER (Property Contact)
(587) 337-4256
properties@stalbertunited.ca

WEEK AT A GLANCE: November 5 – November 11, 2023

Sunday	Service – Pastor Anne Telford Scripture Reading: Psalm 23 Matthew 5: 1-12	10:00 a.m.
Monday	Book Club Genesis U.I.B.	1:00 p.m. 6:00 p.m. 7:00 p.m.
Wednesday	Games	1:00 p.m.
Thursday	Bible Study Choir	2:00 p.m. 7:00 p.m.

SUNDAY SERVICE PARTICIPANTS: Oct. 29, 2023

Service: Val Ellis
Service Assistant: Betty Welsby
A.V. Technicians: Wade Hayden, Lionel Larcombe,
Ken Hutchinson, Troy Sartison and Luke Sartison

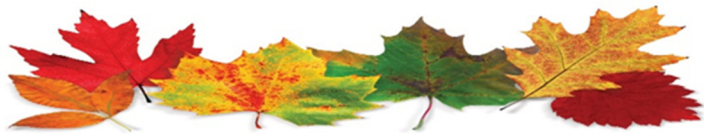
LADIES MEAL OUT

- November 27, Monday, 9:30, Socrates
December – no meals

Outreach is looking for books!

Donate your recently published novels for our annual book sale **to be held on November 4.**

Leave them in the cloak room at your convenience. Thank you so much!



The Future of the Ladies' Weekend

Many ladies met on October 12th to discuss the future of our Ladies' Weekend. **It is with sadness that we announce we will no longer go to Rundles Mission at Pigeon Lake.** We have enjoyed 31 wonderful weekends there, but the facility is no longer suitable for our needs. Lorna Allen has emailed a questionnaire to all the ladies who have attended the last few weekends. **BUT** we know that there are many ladies in the congregation who will be interested in our proposals for the future. Would you please answer our questionnaire and return your replies to Lorna Allen as soon as possible. There are copies in the envelope in the Narthex labelled "**Questionnaire for Future Ladies' Weekend**".

Deadline November 5, 2023

Please drop off questionnaires to Laurie Symbaluk

The Society of Saint Vincent de Paul (SSVP)

is a charitable organization entirely run by volunteers. We provide assistance to those in need through distributing items donated by the public. We respond to 1200 SSVP hotline calls for help each month in Edmonton and area.

We bring the love of Christ to serve the poor on a person-to-person basis. Those in need are always treated with dignity and provided with support as they struggle in crisis situations. All of our services are offered free of charge.

The St. Albert Conference of SSVP serves St. Albert, communities to our north like Morinville, and the Boyle/McCauley area in Edmonton.

Are you downsizing and have furniture or household items that someone else could use? We are always looking for:

- Beds - single, double and queen mattresses and/or box springs/frames
- * Please note: mattresses must be gently used, clean and spotless
- Furniture - kitchen tables/chairs and sofas/chairs undamaged with no tears, stains or missing parts
- Household goods - pots, pans, dishes, cutlery, towels and bedding, etc.
- Small appliances (microwaves, coffee makers, toasters, etc.) in good working order
- Vintage items or collectibles

To arrange pickup, please call 780-471-5577.

Visit our website for more complete information on who we are and what we do: ssvpedmonton.ca

HARVEST DINNER FUNDRAISER UPDATE

It is with great pleasure that I announce that we made a profit from the Harvest Dinner this past Sunday!!! Funds are still rolling in, but at this point we have a profit of: \$4,073.00

It was wonderful to see so many people come out to celebrate and to visit with friends that we haven't seen in some time. The congregation sure needed this wonderful event.

The food from *Elegant Affairs* was terrific and the *Sugar Time* band was great!! The atmosphere was one of great celebration! I saw so many happy faces and laughter throughout the evening! And some even got up to dance to the music!!

A huge thank you to ALL who helped me to pull this event together in such a very short time!!! I couldn't have asked for a better team.

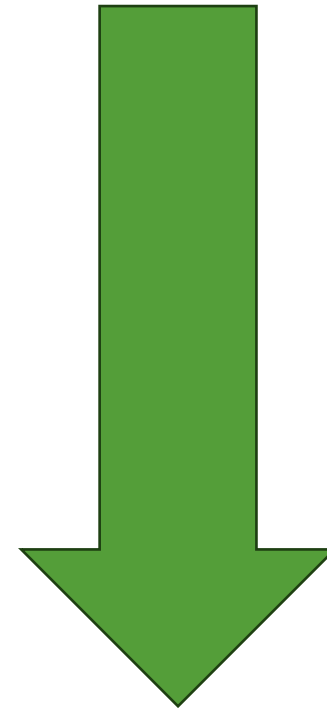
Also, a huge thank you to all who were kind enough to donate wine and/or gift certificates!! This is what made the event truly enjoyable. Not to mention all the great assistance I received with setting up the tables and decorations!!! Everyone was truly a blessing!!

Stephen Fitzpatrick: Thank you for being a terrific MC for the evening! You rock!

Lionel Larcombe: Thank you for being the "King" of the wine games!!

Mike and Joyce Anhorn: An emormouse thank you goes out to you both for keeping me calm and helping with **everything!!** (*and I mean EVERYTHING*) From getting all the wine for the tables, to helping with the balloons and selling tickets to name a few of the things you did. I am so blessed to have you both in my corner.

Blessings,
Laurie Symbaluk



Anne's Pastoral Care Thoughts for November

November is the month when we remember. We remember and hold in our thoughts and prayers those who fought in all the wars over the years. I remember my grandfather. When I was in my 20's he was in his 90's. He had tears every Remembrance Day that I can remember, when he would tell me his stories of his friends that never came home. He remembered the stench of death, the fear, the hopeless nights in the cold. He remembered holding dead friends. When he shared his life stories with me, he said he always felt better.

We remember in November our anniversary of becoming an Affirming Church. We celebrate the Anniversary when we remember that we made a commitment to love as God loves and to treat everyone as the people of God.

There are times in our lives that we remember other things. We remember moments that make up our days that roll into nights when we are depressed, and we feel alone in this world. There are days when we struggle to get up in the morning or sleep well during the night. There are days that our head is so full of trying to figure life out and we feel we still need to live life not acknowledging our pain.

I believe that part of pastoral care is all about looking after our needs in life so that we can help others with their needs. What do you need? Do you need someone that will just listen and not offer their opinion on how

you should fix yourself? Do you need a friend? Do you need to go for a walk and let your thoughts flow? Do you need to escape into a good book? Do you need more sleep? What do you need? Use this month to put yourself first and think about your own needs to live a healthier and peace filled life, and in your remembering you will remember the day you began to care for your own being and the joy that it brought you.

